

**Triskele Calendar of Events**  
**October-December 2008**

**October 12**

Stacey featured on  
Roaring Women Radio  
6:30 pm

**Tune in**

[www.blogtalkradio.com/roaringwomenradio](http://www.blogtalkradio.com/roaringwomenradio)

**October 19, 2008**

Reiki Second Degree with Norma Isaac

**Time:** 10:00 am – 4:00 pm

**Fee:** \$175.00

**October 20 – Dec 22, 2008**

Ultimate Relax with Stacey Kardash

**Time:** 6:00 – 7:30 pm

**Fee:** \$192.00 (\$150.00 class + \$42.00 Ball package includes CHI Ball & Massage Ball)

**October 20 – Dec 22, 2008**

Mantra Manifesting Circle with Stacey Kardash

**Time:** 7:45 – 9:15 PM

**Fee:** \$150.00

**October 21<sup>st</sup>, 2008**

Free pre-seminar session: Learn self-hypnosis

Dr. Christine Fernandes shares what is self-hypnosis and what are its benefits?

**Time:** 7 – 9pm

**Fee:** Free

**October 25<sup>th</sup>, 2008**

Self- Hypnosis Seminar

**Time:** 10 am – 5 pm

**Fee:** \$250

Dr. Christine Fernandes

**October 26, 2008**

Reiki 1<sup>st</sup> Degree with Stacey Kardash

**Time:** 10:00 am – 4:00 pm

**Fee:** \$175.00

**November 14, 2008**

Goddess Mantra Circle with Stacey Kardash

**Time:** 7:00 – 10:00 PM

**Fee:** \$40.00

**November 16, 2008**

Energy Clearing with Stacey Kardash

**Time:** 9:30 AM – 3:30 PM

**Cost:** \$115.00 includes Energy Clearing CD – Dr. Wright's Cleaning Out Technique

**Nov 23, 2008**

Reiki 1<sup>st</sup> Degree with Norma Isaac

**Time:** 10:00 am – 4:00 pm

**Fee:** \$175.00

**November 25, 2008**

Nada Yoga: The Healing Power of Sound with Stacey Kardash

**Time:** 7 – 9 PM

**Fee:** \$25.00

**December 7, 2008**

Partner Massage Basics with Stacey Kardash

**Time:** 10:00 – 5:00 pm

**Fee:** \$175.00